



2019 Senior Summer Intensive Schedule

Approximate Ages 11 & up (By Placement, Ballet 5, Ballet 6 & Ballet 7)

Instructors: Berea Flatness, Richard Nebel, Andrew Parker

GUEST INSTRUCTOR: Maria Hall – GUEST SPEAKERS: TBD

July 28, 3:00 pm-6:30 pm; July 29-August 1, 9:00 am-6:00 pm; August 2, 10:00 am-8:00 pm with Performance at 7:00pm (Schedule subject to change)

July 28	July 29		July 30			July 31		August 1		August 2	
Sunday ALL-Placements	Monday Yellow	Monday Green	Tuesday Yellow	Tuesday Green		Wednesday Yellow	Wednesday Green	Thursday Yellow	Thursday Green	Thursday Yellow	Thursday Green
3:00-4:55 Ballet Technique with Pointe Andrew STUDIO A	9:00-10:55 Ballet Technique with Pointe Maria STUDIO A	9:00-10:55 Ballet Technique with Pointe Andrew STUDIO D	9:00-10:30 Ballet Technique Richard STUDIO A	9:00-10:30 Ballet Technique Maria STUDIO D		9:00-10:45 Ballet Technique Maria STUDIO A	9:00-10:45 Ballet Technique Andrew STUDIO D	9:00-10:45 Ballet Technique Richard STUDIO A	9:00-10:45 Ballet Technique Maria STUDIO D	10:00-11:15 Modern Technique & Repertoire Maria	10:00-11:15 Jazz Technique & Repertoire Richard
5:00-5:45 Jazz Richard STUDIO A	11:00-12:15 Ballet Repertoire Maria & Andrew STUDIO A & D		10:30-11:15 Pointe Maria STUDIO A	10:30-11:15 Pointe Andrew STUDIO D	10:30-11:15 Men's Richard STUDIO C	10:45-12:00 Ballet Repertoire Maria & Andrew STUDIO A & D		10:45-12:00 Ballet Repertoire Maria & Andrew STUDIO A & D		11:15-12:30 Jazz Technique & Repertoire Richard	11:15-12:30 Modern Technique & Repertoire Maria
5:45-6:30 Modern Maria STUDIO A	12:15-12:55 Lunch/Nutrition in the Park		11:15-12:15 Ballet Repertoire Maria & Andrew STUDIO A & D			12:00-1:00 GUEST: TBD		12:00-12:40 Lunch/Nutrition in the Park		12:30-1:00 Lunch/Nutrition in the Park	
	1:00-2:00 Drama Berea STUDIO A		12:15-12:55 Lunch/Nutrition in the Park			1:00-2:10 Drama Berea STUDIO A		12:45-1:55 Drama Berea STUDIO A		1:00-2:30 Ballet Technique Maria	1:00-2:30 Ballet Technique Andrew
	2:00-3:30 Modern Technique & Repertoire Maria STUDIO D	2:00-3:30 Jazz Technique & Repertoire Richard STUDIO A	1:00-2:10 Drama Berea STUDIO A			2:15-3:45 Modern Technique & Repertoire Maria STUDIO D	2:15-3:45 Jazz Technique & Repertoire Richard STUDIO A	2:00-3:30 Modern Technique & Repertoire Maria STUDIO A	2:00-3:30 Jazz Technique & Repertoire Richard STUDIO D	1:00-2:30 Ballet Technique Maria	1:00-2:30 Ballet Technique Andrew
	3:30-5:00 Jazz Technique & Repertoire Richard STUDIO A	3:30-5:00 Modern Technique & Repertoire Maria STUDIO D	2:15-3:45 Modern Technique & Repertoire Maria STUDIO A	2:15-3:45 Jazz Technique & Repertoire Richard STUDIO D		3:45-5:15 Jazz Technique & Repertoire Richard STUDIO A	3:45-5:15 Modern Technique & Repertoire Maria STUDIO D	3:30-4:55 Jazz Technique & Repertoire Richard STUDIO A	3:45-4:55 Modern Technique & Repertoire Maria STUDIO D	2:30-3:00 Transition to Art Museum	
	5:00-6:00 GUEST: TBD		3:45-5:15 Jazz Technique & Repertoire Richard STUDIO A	3:45-5:15 Modern Technique & Repertoire Maria STUDIO D		5:15-6:00 Stretch & Strengthen Andrew	5:15-6:00 TBD Maria	5:00-6:00 Partnering (Yellow Ladies and ALL Males) Maria (& Josh) STUDIO A	5:00-6:00 Ballet History Andrew STUDIO C	3:00-3:45 Drama Berea	
			5:15-6:00 TBD Maria	5:15-6:00 Stretch & Strengthen Andrew						3:45-5:00 Ballet Repertoire on Stage Maria & Andrew	
										5:00-5:30 Dinner/Break	
										5:30-7:00 Prepare for Performance	
										7:00-7:45 Performance	



NOTE: Due to the short time period in organizing the performance, missing one day of the intensive may cause dismissal from performing in the demonstration. If dismissal does occur, the student will be encouraged to help with the demonstration in some capacity.

Wondering what to bring each day...

Check list for summer camp:

- Be sure to eat a nourishing breakfast (including protein) prior to arriving
- Black leotard (no decorations, crisscross straps, mesh, lace, halters)
- YELLOW: Solid color leotard (any color, no decorations, etc.) can be worn on Tuesday, Wednesday and Thursday
- GREEN: Solid blue leotard (no decorations, etc.) can be worn on Tuesday, Wednesday and Thursday
- Pink tights (convertible style)
- Pink leather ballet slippers
- Pointe shoes and all necessary foot accessories (if student already trains *en pointe*)
- Black Jazz shoes (slip-on style, no laces, not sneakers)
- Black footless tights or black leggings
- Hair secured off face in a bun or similar style
- Extra leotard and tights (just in case!)
- Change of clothes to put on over leotard and tights for lunch time in the park (students will not be permitted to go into the park with only dance clothes)
- Old towel or blanket to use outside
- Sunscreen
- Healthy snacks & well-balanced lunch (include fruits and vegetables, lean proteins, whole grains)
- Water!!!

On Friday, August 2, please bring the following in addition to the regular list:

- Stage make-up, hair supplies, and all costume requirements (tights, shoes, leotards, etc.)—The costumes will consist of items that are already in our costume shop and items that the dancers already have. Please be sure that your participating dancer has the following ready:
 - Black, scoop-back leotard
 - Solid Blue, scoop-back leotard
 - Pink meshed seamed tights (Body Wrappers #A45 or #C45 in Ballet Pink)
 - Pink ballet slippers (leather, no holes, presentable pair)
 - Pointe shoes (if applicable, not all dancers will perform *en pointe*)
 - Black footless tights or black leggings
 - Black Jazz shoes (slip-on style, no laces, not sneakers)
 - Nude leotard (camisole style with either clear or nude straps)
- A healthy, well-balanced dinner

Springfield Ballet Senior Intensive Demonstration/Performance
At The Springfield Art Museum
Friday, August 2, 7:00 pm (First Friday Art Walk)